Firstly, we will show the following extension of the results on powers of $p$-hyponormal and log-hyponormal operators: let $n$ and $m$ be positive integers, if $T$ is $p$-hyponormal for $p \in (0,2]$, then: (i) in case $m \geq p$, $(T^n + m T^n T^n + m)^{\frac{n+p}{n+m}} \geq \frac{(T^n T^n^*)^{n+p}/n}{(T^n + m T^n + m)^{n+p}/(n+m)}$ and $(T^n T^n^*)^{n+m/n} \geq \frac{(T^n T^n + m T^n + m^*)^{n+p}/(n+m)}{(T^n + m T^n + m)^{n+p}/(n+m)}$ hold, (ii) in case $m < p$, $T^n + m T^n + m^* \geq (T^n T^n + m)^{n+m/n}$ and $(T^n T^n^*)^{n+m/n} \geq T^n T^n + m T^n + m^*$ hold. Secondly, we will show an estimation on powers of $p$-hyponormal operators for $p > 0$ which implies the best possibility of our results. Lastly, we will show a parallel estimation on powers of log-hyponormal operators as follows: let $\alpha > 1$, then the following hold for each positive integer $n$ and $m$: (i) there exists a log-hyponormal operator $T$ such that $(T^n + m T^n + m)^{\alpha(n+m)/n} \not\geq (T^n T^n^*)^{\alpha}$, (ii) there exists a log-hyponormal operator $T$ such that $(T^n T^n^*)^{\alpha} \not\geq (T^n T^n + m T^n + m^*)^{\alpha(n+m)/n}$.

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1. Introduction

In this paper, let $H$ be a complex Hilbert space and $B(H)$ be the algebra of all bounded linear operators in $H$, and a capital letter mean an element of $B(H)$. An operator $T$ is said to be positive (in symbol: $T \geq 0$) if $(Tx,x) \geq 0$ for any $x \in H$, and an operator $T$ is said to be strictly positive (in symbol: $T > 0$) if $T$ is positive and invertible.

An operator $T$ is said to be $p$-hyponormal for $p > 0$ if $(T^* T)^p \geq (TT^*)^p$, where $T^*$ is the adjoint operator of $T$. An invertible operator $T$ is said to be log-hyponormal if log is log-hyponormal if log$(T^* T) \geq \log(TT^*)$. If $p = 1$, $T$ is called hyponormal and if $p = 1/2$, $T$ is called semi-hyponormal. It is clear that every $p$-hyponormal operator is $q$-hyponormal for $0 < q \leq p$ by the celebrated Löwner-Heinz theorem and every invertible $p$-hyponormal operator for $p > 0$ is log-hyponormal since log is an operator monotone function. log-hyponormality is sometimes regarded as $0$-hyponormal since $(X^p - 1)/p \rightarrow \log X$ as $p \rightarrow 0$ for $X > 0$.

Recently, Furuta-Yanagida [6] showed the following results on powers of $p$-hyponormal operators with $p \in (0,1]$ which is a generalization of Aluthge-Wang [1].
2 Powers of p- and log-hyponormal operators

Theorem 1.1 [6]. Let $T$ be a $p$-hyponormal operator for $p \in (0, 1]$. Then

$$
\begin{align*}
(T^n T^n)^{(p+1)/n} \geq & \cdots \geq (T^{2^p} T^{2^p})^{(p+1)/2} \geq (T T)_{p+1}, \\
(T T^*)_{p+1} \geq & (T^2 T^2)^{(p+1)/2} \geq \cdots \geq (T^n T^n)^{(p+1)/n}
\end{align*}
$$

(1.1)

hold for all positive integer $n$.

Very recently, Ito [8] showed that Theorem 1.1 holds for $p > 0$.

Theorem 1.2 [8]. If $T$ is $p$-hyponormal for $p \in (k − 1, k]$ where $k$ is a positive integer, then

$$
\begin{align*}
(T^{1+m} T^{1+m})^{(1+p)/(1+m)} \geq & (T^* T)^{1+p}, \\
(T T^*)^{1+p} \geq & (T^{1+m} T^{1+m})^{(1+p)/(1+m)}
\end{align*}
$$

(1.2)

hold for all positive integer $m$ such that $m \geq p$,

$$
\begin{align*}
T^{1+m} T^{1+m} \geq & (T^* T)^{1+m}, \\
(T T^*)^{1+m} \geq & T^{1+m} T^{1+m}
\end{align*}
$$

(1.3)

hold for all positive integer $m$ such that $m < p$.

Yamazaki [13] also showed the following Theorem 1.3 which is a parallel result to Theorems 1.1 and 1.2.

Theorem 1.3 [13]. If $T$ is log-hyponormal, then

$$
\begin{align*}
(T^{n+1} T^{n+1})^{n/(n+1)} \geq T^{n*} T^{n}, \\
T^n T^{n*} & \geq (T^{n+1} T^{n+1})^{n/(n+1)}
\end{align*}
$$

(1.4)

hold for all positive integer $n$.

We can rewrite Theorem 1.3 into the following easily.

Theorem 1.4. If $T$ is log-hyponormal, then

$$
\begin{align*}
(T^{n+m} T^{n+m})^{n/(n+m)} \geq T^{n*} T^{n}, \\
T^n T^{n*} & \geq (T^{n+m} T^{n+m})^{n/(n+m)}
\end{align*}
$$

(1.5)

hold for all positive integer $n$ and $m$.

In fact, if $m > 1$, then by Theorem 1.3 we have

$$
\begin{align*}
|T^{n+m}|^{2(n+m-1)/(n+m)} & \geq |T^{n+m-1}|^2, \ldots, |T^{n+2}|^{2(n+1)/(n+2)} \geq |T^{n+1}|^2, \\
|T^{n+1}|^{2n/(n+1)} & \geq |T^n|^2, \\
|T^{n*}|^2 & \geq |T^{n+1*}|^{2n/(n+1)}, \\
|T^{n+1*}|^2 & \geq |T^{n+2*}|^{2(n+1)/(n+2)}, \ldots, |T^{n+m-1*}|^2 \geq |T^{n+m*}|^{2(n+m-1)/(n+m)}
\end{align*}
$$

(1.6)
Theorem 2.1. so that
\[(T^{n+m^*}T^{n+m})^{n/(n+m)} \geq (T^{n+m-1^*}T^{n+m-1})^{n/(n+m-1)} \geq \cdots \geq (T^{n+1^*}T^{n+1})^{n/(n+1)} \geq T^{n^*}T^n,\]
\[T^nT^{n^*} \geq (T^{n+1}T^{n+1^*})^{n/(n+1)} \geq \cdots \geq (T^{n+m-1}T^{n+m-1^*})^{n/(n+m-1)} \geq (T^{n+m}T^{n+m^*})^{n/(n+m)},\]
\[(1.7)\]
hold by Löwner-Heinz inequality.

In this paper, we will show Theorem 2.1, the parallel result to Theorem 1.4, stated below which is an extension of Theorems 1.1 and 1.2. We will also show an estimation on powers of $p$-hyponormal operators for $p > 0$ which implies the best possibility of Theorem 2.1 and discuss the best possibility of Theorem 1.4.

2. An extension of Theorems 1.1 and 1.2

Theorem 2.1. If $T$ is $p$-hyponormal for $p \in (k-1,k]$ where $k$ is a positive integer, then

(i) in case $k = 1,2,$
\[
(T^{n+m^*}T^{n+m})^{(n+p)/(n+m)} \geq (T^{n^*}T^n)^{(n+p)/n} \geq (T^{n+m}T^{n+m^*})^{(n+p)/(n+m)},
\]
\[(2.1)\]
\[
(T^nT^{n^*})^{(n+p)/n} \geq (T^{n+m}T^{n+m^*})^{(n+p)/(n+m)}
\]
\[(2.2)\]
hold for all positive integer $n$ and $m$ such that $m \geq p$;

(ii) in case $k = 2,3,$
\[
T^{n+m^*}T^{n+m} \geq (T^{n^*}T^n)^{(n+m)/n},
\]
\[(2.3)\]
\[
(T^nT^{n^*})^{(n+m)/n} \geq T^{n+m}T^{n+m^*}
\]
\[(2.4)\]
hold for all positive integer $n$ and $m$ such that $m < p$.

Corollary 2.2. Let $n$ and $m$ be positive integers, if $T$ is $p$-hyponormal for $p \in (k-1,k]$, then

(i) in case $k = 1,2$ and $m \geq p$,
\[
(T^{n+m^*}T^{n+m})^{(n+p)/(n+m)} \geq \cdots \geq (T^{n+k^*}T^{n+k})^{(n+p)/(n+k)} \geq (T^{n^*}T^n)^{(n+p)/n},
\]
\[(2.5)\]
\[
(T^nT^{n^*})^{(n+p)/n} \geq (T^{n+k^*}T^{n+k})^{(n+p)/(n+k)} \geq \cdots \geq (T^{n+m}T^{n+m^*})^{(n+p)/(n+m)};
\]
\[(2.6)\]
(ii) in case $k = 3$,
\[
(T^{n+2^*}T^{n+2})^{(n+1)/(n+2)} \geq T^{n+1^*}T^{n+1} \geq (T^{n^*}T^n)^{(n+1)/n},
\]
\[(2.7)\]
\[
(T^nT^{n^*})^{(n+1)/n} \geq T^{n+1^*}T^{n+1} \geq (T^{n+2}T^{n+2^*})^{(n+1)/(n+2)}.
\]
\[(2.8)\]

Remark 2.3. In case $p \in (0,1]$, Theorem 1.1 follows from Corollary 2.2(i) by taking $k = 1$ and $n = 1$.

In case $k = 1,2,3$ and $p \in (k-1,k]$, Theorem 1.2 follows from Theorem 2.1 by taking $n = 1$.

We need the following results to show Theorem 2.1.
Theorem 2.4 (Furuta inequality [3] call it FI simply). If $A \geq B \geq 0$, then for each $r \geq 0$,
(i) 
\[
(B^{r/2}A^pB^{r/2})^{1/q} \geq (B^{r/2}B^pB^{r/2})^{1/q},
\]
(ii) 
\[
(A^{r/2}A^pA^{r/2})^{1/q} \geq (A^{r/2}B^pA^{r/2})^{1/q}
\]
hold for $p \geq 0$ and $q \geq 1$ with $(1 + r)q \geq p + r$.

FI yields the following famous Löwner-Heinz inequality by putting $r = 0$ in (i) or (ii) of FI. It was shown by Tanahashi [11] that the domain drawn for $p$, $q$ and $r$ in Figure 2.1 is the best possible for FI.

Theorem 2.5 Löwner-Heinz (Löner-Heinz inequality [7, 10] call it L-H simply). Let $1 \geq \alpha \geq 0$. Then $A \geq B \geq 0 \Rightarrow A^\alpha \geq B^\alpha$.

Lemma 2.6 [5]. Let $\alpha \in \mathbb{R}$ and $X$ be invertible. Then $(X^*X)^\alpha = X^*(XX^*)^{\alpha-1}X$ holds, especially in case $\alpha \geq 1$ Lemma 2.6 holds without invertibility of $X$.

Theorem 2.7 [2, 4, 5, 9]. Let $A, B \geq 0$ such that $A^\alpha \geq B^\alpha$ for $\alpha > 0$. Then for each $q \geq 0$ and $t \geq 0$ the following hold.

1. $f_{i,q}(s) = (A^{t/2}B^sA^{t/2})^{(q+t)/(s+t)}$ is decreasing for $s \geq q \geq 0$.
2. $g_{i,q}(s) = (B^{t/2}A^sB^{t/2})^{(q+t)/(s+t)}$ is increasing for $s \geq q \geq 0$.

Theorem 2.8 [13]. Let $T$ be a $p$-hyponormal operator for $p \in (0,1]$. Then
\[
(T^n T^*)^{1/n} \geq \cdots \geq (T^2 T^*)^{1/2} \geq T^* T,
TT^* \geq (T^2 T^*)^{1/2} \geq \cdots \geq (T^n T^*)^{1/n}
\]
hold for all positive integer $n$. 

Figure 2.1 The best possible domain for Furuta inequality.
Lemma 2.9. If $T$ is $p$-hyponormal for $p \in (k-1,k]$ where $k$ is a positive integer, then
\[
\left| T^* \right| \left| T^{n+m} \right|^{(n+1+p)/(n+1+m)} \geq \left| T^* \right| \left| T^{n+m} \right|^{2(n+p)/(n+m)} \left| T^* \right|,
\]
(2.12)
\[
\left| T \right| \left| T^{n+m} \right|^{2} \left| T \right|^{(n+1+p)/(n+1+m)} \leq \left| T \right| \left| T^{n+m} \right|^{2(n+p)/(n+m)} \left| T \right|
\]
(2.13)
hold for all positive integer $n$ and $m$ such that $m \geq k$. If $k = 1,2$ in addition, then
\[
\left| T^* \right| \left| T^n \right|^{2(n+p)/n} \left| T^* \right| \geq \left( \left| T^* \right| \left| T^n \right|^{2} \left| T^* \right| \right)^{(n+1+p)/(n+1)},
\]
(2.14)
\[
\left| T \right| \left| T^n \right|^{2(n+p)/n} \left| T \right| \leq \left( \left| T \right| \left| T^n \right|^{2} \left| T \right| \right)^{(n+1+p)/(n+1)}
\]
(2.15)
hold for all positive integer $n$.

Proof of Lemma 2.9. Put $\gamma = \min\{1, p\}$, then
\[
(T^n T^n)^{\gamma/n} \geq \cdots \geq (T^{2} T^{2})^{\gamma/2} \geq (T T^*)^\gamma \geq (T^2 T^2)^{\gamma/2} \geq \cdots \geq (T^n T^n)^{\gamma/n}
\]
(2.16)
holds by Theorem 2.8, $p$-hyponormality of $T$ and L-H.

Proof of (2.12). Since $(\left| T^{n+m} \right|^{2/(n+m)})^{\gamma} \geq (\left| T^* \right|^{2})^{\gamma}$ by (2.16), then for each $t \geq 0$ and $q \geq 0$, $g_{t,q}(s) = (\left| T^* \right|^{t} \left| T^{n+m} \right|^{2s/(n+m)} \left| T^* \right|^{t})^{(q+1)(s+1)}$ is increasing for $s \geq q \geq 0$ by Theorem 2.7(2). Then by taking $\alpha = \gamma$, $t = 1$, $q = n + p$ and $s = n + m$ we have
\[
(\left| T^* \right| \left| T^{n+m} \right|^{2} \left| T^* \right|)^{(n+1+p)/(n+1+m)} = (\left| T^* \right| \left| T^{n+m} \right|^{2(n+m)/(n+m)} \left| T^* \right|)^{(n+1+p)/(n+1+m)}
\]
(2.17)
\[
\geq g_{1,n+p}(n+m) 
\]
\[
\geq g_{1,n+p}(n+p) \]
(2.18)
\[
(\left| T^* \right| \left| T^{n+m} \right|^{2(n+p)/(n+m)} \left| T^* \right|)^{(n+1+p)/(n+p+1)} = \left| T^* \right| \left| T^{n+m} \right|^{2(n+p)/(n+m)} \left| T^* \right|.
\]

Proof of (2.13). Since $(\left| T^2 \right|^{\gamma} \geq (\left| T^{n+m} \right|^{2/(n+m)})^{\gamma}$ by (2.16), similar to the proof of (2.12), (2.13) holds by taking $\alpha = \gamma$, $t = 1$, $q = n + p$ and $s = n + m$ in Theorem 2.7(1).

Proof of (2.14). If $k = 1,2$, then $p \in (0,1]$ or $p \in (1,2]$, thus $\gamma + n \geq \gamma + 1 \geq p$. So that $(1 + n/\gamma)((1 + n)/p) \geq 1/\gamma + n/\gamma$ holds.

On the other hand, by applying (ii) of Theorem 2.4 to $\left| T^n \right|^{2\gamma/n}$ and $\left| T^* \right|^{2\gamma}$ for $(1 + n/\gamma)((1 + n)/p) \geq 1/\gamma + n/\gamma$, we have
\[
\left| T^n \right|^{2p/n} = \left| T^n \right|^{(2y/n)(p/y)} \geq \left( \left| T^n \right|^{(2y/n)(n/2y)} \left| T^* \right|^{2(y+1)/(1+y)} \left| T^n \right|^{(2y/n)(n/2y)} \right)^{p/(n+1)}
\]
(2.19)
so that
\[ |T^*| |T^n|^{2(n+p)/r} |T^*| = |T^*| |T^n| |T^n|^{2p/r} |T^n| |T^*| \]
\[ \geq |T^*| |T^n| (|T^n| |T^*| 2 |T^n|)^{p/(n+1)} |T^n| |T^*| \]
\[ = (|T^*| |T^n| 2 |T^*|)^{(n+1+p)/(n+1)}. \]

(2.19)

Proof of (2.15). Since |T|^2 \geq |T^n|^2/n by (2.16), similar to the proof of (2.14), (2.15) holds by Lemma 2.6 and taking \( p_1 = 1/\gamma \), \( r_1 = n/\gamma \) and \( q_1 = (1 + n)/p \) in Theorem 2.4(i).

Proof of Theorem 2.1. Let \( T = U|T| \) be the polar decomposition of \( T \). Then it is well known that the polar decomposition of \( T^* \) is \( T^* = U^*|T^*| \).

Proof of (2.1). In case \( k = 1, 2 \).

(i) We will prove that the following (2.20) holds for all positive integer \( n \) by induction:
\[ \left( T^{n+k} T^{n+k} \right)^{(n+p)/(n+k)} \geq \left( T^n T^n \right)^{(n+p)/n}. \]

(2.20)

Firstly, we prove that (2.20) holds for \( n = 1 \), that is, in case \( k = 1, p \in (0,1] \), then
\[ (T^{2*} T^{2})^{(1+p)/2} \geq (T^* T)^{p+1} \]
(2.21)

and in case \( k = 2, p \in (1,2] \), then
\[ (T^{3*} T^{3})^{(1+p)/3} \geq (T^* T)^{p+1}. \]
(2.22)

In case \( k = 1, p \in (0,1] \), since \((T^* T)^p \geq (TT^*)^p \), by applying (i) of Theorem 2.4 to \((T^* T)^p \) and \((TT^*)^p \) for \((1 + (1/p))((1 + 1)/(1 + p)) \geq 1/p + 1/p \), we have
\[ (T^{1+1} T^{1+1})^{(1+p)/(1+1)} = (U^* |T^*| T^* T |T^*| U)^{(1+p)/(1+1)} \]
[\[ = U^* \left( |T^*| 2^{1/2} (|T| 2^p) 1/p (|T^*| 2^{1/2} p) \right)^{(1+p)/(1+1)} U \]
\[ \geq U^* \left( |T^*| 2^{p/(1+p)} U \right) \]
\[ = U^* |T^*| 2^{(1+p)} U \]
\[ = |T| 2^{(1+p)} \]
\[ = (T^* T)^{1+p}, \]
(2.23)

so that (2.21) is proved.

In case \( k = 2, \) if \( T \) is \( p \)-hyponormal for \( p \in (1,2] \), then \( T \) is hyponormal (i.e., 1-hyponormal) by L-H; thus \( T^{2*} T^2 \geq (T^* T)^2 \) by (2.21), so \((T^{2*} T^2)^p/2 \geq (T^* T)^p \geq (TT^*)^p \) by \( p \)-hyponormality of \( T \) and L-H for \( p/2 \in (0,1] \), we have the following by applying (i)
of Theorem 2.4 to \((T^2 T^2)^{p/2}\) and \((TT^*)^p\) for \((1 + 1/p)((1 + 2)/(1 + p)) \geq 2/p + 1/p:

\[
(T^{1+2^*} T^{1+2})^{(1+p)/(1+2)} = (U^* \mid T^* \mid T^{2^*} T^2 \mid T^* \mid U)^{(1+p)/(1+2)}
\]

\[
= U^* (\mid T^* \mid T^{2^*})^{1/2} (\mid T^2 \mid T^*)^{1/2} (\mid T^* \mid T^{2^*})^{1/2} U
\]

\[
\geq U^* (\mid T^* \mid T^{2^*})^{(1+p)/p} U
\]

\[
= U^* \mid T^* \mid 2^{(1+p)} U
\]

\[
= \mid T \mid 2^{(1+p)}
\]

\[
= (T^* T)^{1+p},
\]

so that (2.22) is proved.

Secondly, assumed that (2.20) holds for \(1, \ldots, n (\geq 1)\). We will prove that (2.20) holds for \(n + 1\).

In fact, we have

\[
(T^{n+1+k^*} T^{n+1+k})^{(n+1+p)/(n+1+k)} = (T^* \mid T^{n+k} \mid 2^n \mid T^* \mid U)^{(n+1+p)/(n+1+k)}
\]

\[
= (U^* \mid T^* \mid T^{n+k} \mid 2^n \mid T^* \mid U)^{(n+1+p)/(n+1+k)}
\]

\[
= U^* (\mid T^* \mid T^{n+k} \mid 2^n \mid T^* \mid U)^{(n+1+p)/(n+1+k)}
\]

\[
\geq U^* \mid T^* \mid T^{n+k} \mid 2^{(n+p)/(n)} \mid T^* \mid U \quad \text{by (2.12)}
\]

\[
\geq U^* \mid T^* \mid T^{n} \mid 2^{(n+p)/(n)} \mid T^* \mid U \quad \text{by induction}
\]

\[
\geq U^* (\mid T^* \mid T^{n} \mid 2^n \mid T^* \mid U)^{(n+1+p)/(n+1)} \quad \text{by (2.14)}
\]

\[
= (T^* \mid T^{n} \mid 2^n)^{(n+1+p)/(n+1)}
\]

\[
= (T^{n+1} T^{n+1})^{(n+1+p)/(n+1)},
\]

so that it is proved that (2.20) (i.e., case \(m = k\) of (2.1)) holds for \(n + 1\).

(ii) We will prove that (2.1) holds for \(m > k\).

If \(k = 1, p \in (0, 1]\), then \(m > 1\) and by (2.20) we have

\[
(T^{n+m} T^{m+n})^{(n+m-1+p)/(n+m)} \geq (T^{n+m-1} T^{m+n-1})^{(n+m-1+p)/(n+m-1)} \cdots,
\]

\[
(T^{n+m} T^{m+n})^{(n+1+p)/(n+m)} \geq (T^{n+1} T^{n+1})^{(n+1+p)/(n+1)},
\]

\[
(T^{n+1} T^{n+1})^{(n+p)/(n+1)} \geq (T^* T^n)^{(n+p)/n},
\]

(2.26)
thus by L-H we have

$$\left( T^{n+m} T^{n+m} \right)^{(n+p)/(n+m)} \geq \left( T^{n+m-1} T^{n+m-1} \right)^{(n+p)/(n+m-1)} \geq \cdots \geq \left( T^{n+1} T^{n+1} \right)^{(n+p)/(n+1)} \geq \left( T^n T^n \right)^{(n+p)/n}. \quad (2.27)$$

If $k = 2$, $T$ is $p$-hyponormal for $p \in (1, 2]$, then $T$ is hyponormal (i.e., 1-hyponormal) by L-H; thus

$$T^{n+1} T^{n+1} \geq \left( T^n T^n \right)^{(n+1)/n} \quad (2.28)$$

holds by case $k = 1$ and $p = 1$ of (2.20), so we have

$$T^{n+m} T^{n+m} \geq \left( T^{n+m-1} T^{n+m-1} \right)^{(n+m)/(n+m-1)}, \ldots, T^{n+3} T^{n+3} \geq \left( T^{n+2} T^{n+2} \right)^{(n+3)/(n+2)}, \quad (2.29)$$

by (2.28) and (2.20) (the last inequality holds by (2.20)), so that the following holds by L-H:

$$\left( T^{n+m} T^{n+m} \right)^{(n+p)/(n+m)} \geq \left( T^{n+m-1} T^{n+m-1} \right)^{(n+p)/(n+m-1)} \geq \cdots \geq \left( T^{n+2} T^{n+2} \right)^{(n+p)/(n+2)} \geq \left( T^n T^n \right)^{(n+p)/n}. \quad (2.30)$$

Consequently, the proof of (2.1) is complete by combining (i) and (ii).

Proof of (2.2). The proof is similar to the proof of (2.1), so we omit it here.

Proof of (2.3). If $k = 2$, we only need to show $T^{n+1} T^{n+1} \geq \left( T^n T^n \right)^{(n+1)/n}$, this is just (2.28), so that (2.3) holds for $k = 2$.

If $k = 3$, we need to show $T^{n+1} T^{n+1} \geq \left( T^n T^n \right)^{(n+1)/n}$ and $T^{n+2} T^{n+2} \geq \left( T^n T^n \right)^{(n+2)/n}$. In fact $T$ is $p$-hyponormal for $p \in (2, 3]$, then $T$ is 1-hyponormal by L-H; thus $T^{n+1} T^{n+1} \geq \left( T^n T^n \right)^{(n+1)/n}$ holds by case $k = 1$ and $p = 1$ of (2.1); similarly, $T$ is $p$-hyponormal for $p \in (2, 3]$, then $T$ is 2-hyponormal by L-H; thus $T^{n+2} T^{n+2} \geq \left( T^n T^n \right)^{(n+2)/n}$ holds by case $k = 2$, $p = 2$ and $m = 2$ of (2.1), so that (2.3) holds.

Proof of (2.4). The proof is similar to that of (2.3), so we omit it here.

Proof of Corollary 2.2. We have (i) by the process of the proof of (2.1) and (2.2). (ii) is obvious by case $k = 3$ of (2.3), (2.4) and L-H.
3. Estimation on powers of \( p \)-hyponormal and log-hyponormal operators

The following Theorem 3.1 which is an estimation on powers of \( p \)-hyponormal operators for \( p > 0 \) implies the best possibility of Theorem 2.1.

**Theorem 3.1.** Let \( k, n \) and \( m \) be positive integers, \( p \in (k-1, k] \) and \( \alpha > 1 \).

1. In case \( m \geq p \) the following hold.
   (i) There exists a \( p \)-hyponormal operator \( T \) such that
   \[
   (T^{n+m} T^{n+m})^{(n+p)/n} \not\leq (T^n T^n)^{(n+p)/n}. 
   \]
   (3.1)
   
   (ii) There exists a \( p \)-hyponormal operator \( T \) such that
   \[
   (T^n T^n)^{(n+p)/n} \not\leq (T^{n+m} T^{n+m})^{(n+p)/n+m}. 
   \]
   (3.2)

2. In case \( m < p \) the following hold.
   (i) There exists a \( p \)-hyponormal operator \( T \) such that
   \[
   (T^{n+m} T^{n+m})^\alpha \not\leq (T^n T^n)^{(n+m)/n}. 
   \]
   (3.3)
   
   (ii) There exists a \( p \)-hyponormal operator \( T \) such that
   \[
   (T^n T^n)^{(n+m)/n} \not\leq (T^{n+m} T^{n+m})^\alpha. 
   \]
   (3.4)

The following Theorem 3.2 which is a parallel result to Theorem 3.1 implies the best possibility of Theorem 1.4.

**Theorem 3.2.** Let \( \alpha > 1 \). Then the following hold for each positive integer \( n \) and \( m \).

1. (i) There exists a log-hyponormal operator \( T \) such that
   \[
   (T^{n+m} T^{n+m})^{(n+m)/n} \not\leq (T^n T^n)^{n \alpha/(n+m)}. 
   \]
   (ii) There exists a log-hyponormal operator \( T \) such that
   \[
   (T^n T^n)^{n \alpha/(n+m)} \not\leq (T^{n+m} T^{n+m})^\alpha. 
   \]

We need the following results to show Theorems 3.1 and 3.2.

**Theorem 3.3** [12, 14]. Let \( \delta > 0, p > 0, r > 0, \) and \( q > 0 \). If \( 0 < q < 1 \) or \( (\delta + r)q < p + r \), then the following assertions hold.

1. (i) There exist positive invertible operators \( A \) and \( B \) on \( \mathbb{R}^2 \) such that
   \[
   A^\delta \succeq B^\delta, \quad (B^{r/2} A^{p} B^{r/2})^{1/q} \not\leq B^{(p+r)/q}. 
   \]
   (3.5)
   
   (ii) There exist positive invertible operators \( A \) and \( B \) on \( \mathbb{R}^2 \) such that
   \[
   A^\delta \succeq B^\delta, \quad A^{(p+r)/q} \not\leq (A^{r/2} B^{p} A^{r/2})^{1/q}. 
   \]
   (3.6)
Theorem 3.4 [14]. Let $p > 0$, $r > 0$, and $q > 0$. If $rq < p + r$, then the following assertions hold.

(i) There exist positive invertible operators $A$ and $B$ on $\mathbb{R}^2$ such that

$$\log A \geq \log B, \quad (B^{r/2} A^p B^{r/2})^{1/q} \neq B^{(p+r)/q}. \quad (3.7)$$

(ii) There exist positive invertible operators $A$ and $B$ on $\mathbb{R}^2$ such that

$$\log A \geq \log B, \quad A^{(p+r)/q} \neq (A^{r/2} B^p A^{r/2})^{1/q}. \quad (3.8)$$

Lemma 3.5. For positive operators $A$ and $B$ on $H$, define an operator $T$ on $\bigoplus_{k=-\infty}^{\infty} H_k$ where $H_k \cong H$ as follows:

$$\begin{pmatrix}
\ddots \\
\ddots & 0 \\
B^{1/2} & 0 \\
B^{1/2} & (0) \\
A^{1/2} & 0 \\
A^{1/2} & 0 \\
\ddots & \ddots 
\end{pmatrix}$$

(3.9)

where $(\cdot)$ shows the place of the $(0,0)$ matrix element. Then the following assertions hold.

(i) $T$ is $p$-hyponormal for $p > 0$ if and only if $A^p \geq B^p$.

(ii) $T$ is log-hyponormal if and only if $A$ and $B$ are invertible and $\log A \geq \log B$.

Furthermore, the following assertions hold for $\beta > 0$ and any positive integer $n$ and $m$:

(iii) $(T^{n+m} T^{n+m})^{\beta/(n+m)} \geq (T^n T^n)^{\beta/n}$ if and only if

$$\begin{align*}
(B^{l/2} A^{n+m-l} B^{l/2})^{\beta/(n+m)} & \geq (B^{l/2} A^{n-l} B^{l/2})^{\beta/n} \quad \text{holds for } l = 1, 2, \ldots, n-1. \\
(B^{l/2} A^{n+m-l} B^{l/2})^{\beta/(n+m)} & \geq B^{\beta} \quad \text{holds for } l = n, n+1, \ldots, n+m-1.
\end{align*} \quad (3.10)$$

(iv) $(T^n T^n)^{\beta/n} \geq (T^{n+m} T^{n+m})^{\beta/(n+m)}$ if and only if

$$\begin{align*}
(A^{j/2} B^{n-j} A^{j/2})^{\beta/n} & \geq (A^{j/2} B^{n+m-j} A^{j/2})^{\beta/(n+m)} \quad \text{holds for } j = 1, 2, \ldots, n-1. \\
A^{\beta} & \geq (A^{j/2} B^{n+m-j} A^{j/2})^{\beta/(n+m)} \quad \text{holds for } j = n, n+1, \ldots, n+m-1.
\end{align*} \quad (3.11)$$
Proof. By easy calculation, we have

\[
T^* T = \begin{pmatrix}
\ddots & B \\
B & (A) \\
A & A \\
\ddots
\end{pmatrix}, \quad TT^* = \begin{pmatrix}
\ddots & B \\
B & (B) \\
A & A \\
\ddots
\end{pmatrix},
\]

so that (i) is obvious by comparing the two \((0,0)\) elements of \((T^* T)^p\) and \((TT^*)^p\), similarly, (ii) is obvious by comparing the two \((0,0)\) elements of \(\log T^* T\) and \(\log TT^*\). Furthermore, the following hold for \(n \geq 2\):

\[
T^n T^+ = \begin{pmatrix}
\ddots & B^n \\
B^n & B^{(n-1)/2} A B^{(n-1)/2} \\
& \ddots & B^{(n-1)/2} A^{n-1} B^{(n-1)/2} \\
& & \ddots & B^{1/2} A^{n-1} B^{1/2} \\
& & & \ddots & (A^n) \\
& & & & \ddots \\
A^n & A^n & A^n & \ddots
\end{pmatrix},
\]

so that we have (iii) by comparing the corresponding elements of \((T^{n+m} T^{n+m})^\beta/(n+m)\) and \((T^n T^n)^\beta/n\),

\[
T^n T^n = \begin{pmatrix}
\ddots & B^n \\
(B^n) & A^{1/2} B^{n-1} A^{1/2} \\
& \ddots & A^{j/2} B^{n-j} A^{j/2} \\
& & \ddots & A^{(n-1)/2} B A^{(n-1)/2} \\
& & & \ddots \\
A^n & A^n & A^n & \ddots
\end{pmatrix},
\]

(3.13)
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so that we have (iv) by comparing the corresponding elements of $(T^n T^*)^{\beta/n}$ and $(T^{n+m} T^{n+m^*})^{\beta/(n+m)}$.

Proof of Theorem 3.1. Put $p_1 = m > 0$, $r_1 = n > 0$, $q_1 = (n + m)/(n + p_0)\alpha$ where $p_0 = \min\{p, m\}$, and $\delta = p > 0$, then we have $q_1 < 1$ when $m < p$; $(\delta + r_1)q_1 = (n + p)/(n + m)/(n + p)\alpha) < n + m = p_1 + r_1$ when $m \geq p$.

By (i) of Theorem 3.3, there exist positive invertible operators $A$ and $B$ on $R^2$ such that $A^\delta \geq B^\delta$ and $(B^{n/2} A^{p_1} B^{r_1/2})^{1/q_1} \notin B^{(p_1+1)/q_1}$, that is,

$$A^\delta \geq B^\delta, \quad (B^{n/2} A^{m} B^{n/2})^{(n+p_0)\alpha/(n+m)} \notin B^{(n+p_0)\alpha}.$$  \hspace{1cm} (3.15)

Define an operator $T$ on $\bigoplus_{k=-\infty}^\infty H_k$ where $H_k \equiv R^2$ as (3.9). Then $T$ is $p$-hyponormal by (3.15) and (i) of Lemma 3.5, and $(T^{n+m} T^{n+m^*})^{(n+p_0)\alpha/(n+m)} \notin (T^{n} T^{*})^{(n+p_0)\alpha/n}$ by (iii) of Lemma 3.5 since the case $l = n$ of (3.10) does not hold for $\beta = (n + p_0)\alpha$ by (3.16), so that Theorems 3.1(1)(i) and 3.1(2)(i) hold.

By (ii) of Theorem 3.3, there exist positive invertible operators $A$ and $B$ on $R^2$ such that $A^\delta \geq B^\delta$ and $A^{(p_1+r_1)/q_1} \notin (A^{r_1/2} B^{p_1} A^{r_1/2})^{1/q_1}$, that is,

$$A^\delta \geq B^\delta, \quad A^{(n+p_0)\alpha} \notin (A^{n/2} B^{m} A^{n/2})^{(n+p_0)\alpha/(n+m)}.$$ \hspace{1cm} (3.17)

Define an operator $T$ on $\bigoplus_{k=-\infty}^\infty H_k$ where $H_k \equiv R^2$ as (3.9). Then $T$ is $p$-hyponormal by (3.17) and (i) of Lemma 3.5, and $(T^n T^*)^{(n+p_0)\alpha/n} \notin (T^{n+m} T^{n+m^*})^{(n+p_0)\alpha/(n+m)}$ by (iv) of Lemma 3.5 since the case $j = n$ of (3.11) does not hold for $\beta = (n + p_0)\alpha$ by (3.18), so that Theorems 3.1(1)(ii) and 3.1(2)(ii) hold.

Proof of Theorem 3.2. Put $p_1 = m > 0$, $r_1 = n > 0$, $q_1 = (n + m)/n\alpha$, then we have $r_1 q_1 = (n + m)/\alpha < n + m = p_1 + r_1$.

By (i) of Theorem 3.4, there exist positive invertible operators $A$ and $B$ on $R^2$ such that

$$\log A \geq \log B \quad \text{and} \quad (B^{n/2} A^{p_1} B^{r_1/2})^{1/q_1} \notin B^{(p_1+1)/q_1},$$ \hspace{1cm} (3.19)

that is,

$$B^{n/2} A^{m} B^{n/2})^{\alpha/(n+m)} \notin B^{\alpha}.$$ \hspace{1cm} (3.20)

Define an operator $T$ on $\bigoplus_{k=-\infty}^\infty H_k$ where $H_k \equiv R^2$ as (3.9). Then $T$ is log-hyponormal by (3.19) and (ii) of Lemma 3.5, and $(T^{n+m} T^{n+m^*})^{n\alpha/(n+m)} \notin (T^n T^*)^{n\alpha/n}$ by (iii) of Lemma 3.5 since the case $l = n$ of (3.10) does not hold for $\beta = n\alpha$ by (3.20), so that Theorem 3.2(i) holds.
By (ii) of Theorem 3.4, there exist positive invertible operators $A$ and $B$ on $\mathbb{R}^2$ such that
\[ \log A \geq \log B \tag{3.21} \]
and $A^{(p_1+r_1)/q_1} \not< (A^{r_1/2}B^{p_1}A^{r_1/2})^{1/q_1}$, that is,
\[ A^{n\alpha} \not< (A^{n/2}B^{m}A^{n/2})^{n\alpha/(n+m)}. \tag{3.22} \]

Define an operator $T$ on $\bigoplus_{k=-\infty}^{\infty} H_k$ where $H_k \cong \mathbb{R}^2$ as (3.9). Then $T$ is log-hyponormal by (3.21) and (ii) of Lemma 3.5, and $(T^nT^*)^{n\alpha/n} \not< (T^{n+m}T^{n+m*})^{n\alpha/(n+m)}$ by (iv) of Lemma 3.5 since the case $j = n$ of (3.11) does not hold for $\beta = n\alpha$ by (3.22), so that Theorem 3.2 (ii) and holds.

\[ \square \]

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