ISSN 1464-8997 (on line) 1464-8989 (printed)

Geometry & Topology Monographs
Volume 4: Invariants of knots and 3-manifolds (Kyoto 2001)
Pages 337–362

The algebra of knotted trivalent graphs and Turaev's shadow world

Dylan P. Thurston

Abstract Knotted trivalent graphs (KTGs) form a rich algebra with a few simple operations: connected sum, unzip, and bubbling. With these operations, KTGs are generated by the unknotted tetrahedron and Möbius strips. Many previously known representations of knots, including knot diagrams and non-associative tangles, can be turned into KTG presentations in a natural way.

Often two sequences of KTG operations produce the same output on all inputs. These "elementary" relations can be subtle: for instance, there is a planar algebra of KTGs with a distinguished cycle. Studying these relations naturally leads us to Turaev's *shadow surfaces*, a combinatorial representation of 3-manifolds based on simple 2-spines of 4-manifolds. We consider the knotted trivalent graphs as the boundary of a such a simple spine of the 4-ball, and to consider a Morse-theoretic sweepout of the spine as a "movie" of the knotted graph as it evolves according to the KTG operations. For every KTG presentation of a knot we can construct such a movie. Two sequences of KTG operations that yield the same surface are topologically equivalent, although the converse is not quite true.

AMS Classification 57M25; 57M20, 57Q40

Keywords Knotted trivalent graphs, shadow surfaces, spines, simple 2-polyhedra, graph operations

1 Introduction

In this paper we study the algebra of *knotted trivalent graphs* (KTGs). A knotted trivalent graph is a framed[1] embedding of a trivalent graph into $\mathbb{R}^3$, modulo isotopy. These KTGs support some simple operations, forming an algebra-like structure. Every knot may be presented as a sequence of KTG operations starting with elementary graphs. Thus we may use KTGs as a novel representation of knot theory via generators and relations.

[1] See Section 2 for the precise notion of framing we use.

Published 3 February 2004: © *Geometry & Topology Publications*

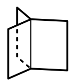
We may compare a KTG presentation with other representations of knots, such as:

- Planar knot diagrams;
- Braid closures;
- n-bridge representations;
- Pretzel representations;
- Rational tangles and algebraic knots [5];
- Parenthesized tangles [2, 11]; and
- Curves in a book with three pages[2] [7].

These representations of knots all take an inherently 3-dimensional object (a knot) and squash it into 2 dimensions (as in a knot diagram) or sometimes even into 1 dimension (as in a parenthesized tangle). The algebra of KTGs deals more directly with knots as 3-dimensional objects, while strictly generalizing all of the above representations of knots, in the sense that, for instance, any knot diagram can be turned into a sequence of operations on KTGs in a natural way.[3] We will illustrate how KTGs generalize knot diagrams in Section 4.

The next step in studying the algebra of KTGs is to find the relations in the algebra, and, in particular, the *elementary* relations (Section 5): pairs of sequences of operations that produce the same output on all inputs. Further justification for calling these relations "elementary" comes from the fact that in other spaces that support the same operations the elementary relations are automatically satisfied, while other relations give us non-trivial equations to solve. Tracing out the track of the KTG as it evolves through a sequence of operations, we construct a *movie surface* (Section 6), a decorated simple 2-polyhedron. If two different sequences of operations generate the same movie surface, then they are universally equal. The converse is not quite true.

In fact, movie surfaces are a special case of *shadow diagrams*, as we briefly discuss in Section 7. Shadow diagrams for 3-manifolds and for 4-manifolds bounded by 3-manifolds were introduced by Turaev. They were initially introduced to describe links inside circle bundles over a surface [15]. The construction was later generalized to allow descriptions of all 3-manifolds [14, 16]. From a quantum topology point of view, shadow diagrams encapsulate the algebra of

[2]A book with three pages looks like this: 

[3]Here "algebra" is used in the universal algebra sense of a set supporting some operations

quantum 6j-symbols in a concise way; more classically, a shadow diagram of a 3-manifold can be thought of as an analogue of a pair of pants decomposition of a surface.

In summary, every KTG presentation of a knot gives a certain abstract surface representing that knot complement. Thus it turns out that our intrinsically 3-dimensional representation of knot theory can also be encoded in 2-dimensional terms. The relation between the various spaces and constructions is summarized in Figure 1.

$$
\begin{tikzcd}
\text{Framed links} \arrow[r, "\text{exterior}"] & \text{Framed link exteriors} \arrow[r, "\text{surgery}"] & \text{Closed 3-manifolds} \\
\begin{array}{c}\text{Sequences of}\\ \text{KTG operations}\end{array} \arrow[u, "\text{presentation}"] \arrow[r, "\begin{array}{c}\text{time}\\ \text{evolution}\end{array}"'] & \begin{array}{c}\text{Collapsible}\\ \text{shadow surfaces}\end{array} \arrow[u, "\begin{array}{l}\text{by making}\\ S^1\text{-bundle}\end{array}"'] \arrow[r, "\text{cap off } \partial"'] & \text{Closed shadow surfaces} \arrow[u, "\begin{array}{l}\text{by making}\\ S^1\text{-bundle}\end{array}"']
\end{tikzcd}
$$

Figure 1: A summary of the relations between links, 3-manifolds, KTGs and shadow surfaces

This paper is an exposition of results that were, at least implicitly, previously known. Rather, our aim is to give an exposition of the relationship between shadow surfaces and knotted trivalent graphs. In a future paper, we will prove some theorems that came out of this work, including the relationship between hyperbolic volume and minimal complexity shadow diagrams representing a knot. In addition, the unifying framework of KTGs is part of an ongoing project to find new combinatorial presentations of knots, which may be more algebraically manageable than the full-blown algebra of KTGs. See Section 8 for more on both of these.

1.1 Acknowledgements

A very large part of the credit for this work must go to Dror Bar-Natan, with whom I have had a long, productive, and fun collaboration. It was a great experience coming up with the algebra of KTGs with him and puzzling over the wide variety of mysterious relations that we found together. In this papers, Sections 2 through 5 are joint work with him. In addition, I would like to thank Riccardo Benedetti, Francesco Costantino, Robion Kirby, Tomotada Ohtsuki, Carlo Petronio, A. Referee, Dale Rolfsen, Chung-chieh Shan, Vladimir Turaev, and Genevieve Walsh for a great many helpful conversations and comments.

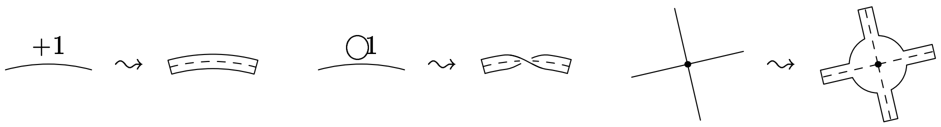
This work was supported by an NSF Postdoctoral Research Fellowship, a JSPS Postdoctoral Research Fellowship, and by BSF grant #1998119.

2 The space of knotted trivalent graphs

There are relatively few operations on knots. Traditional operations, like connect sum, cabling, or general satellites, when applied to non-trivial knots, never yield hyperbolic knots, but almost all knots (by any reasonable measure of complexity) are hyperbolic. Thus typical knot operations are no good for breaking the vast majority of knots down into simpler pieces. To fix this, we will pass to the larger space of knotted trivalent graphs. This space will allow more operations; enough to generate all knots from a few simple generators.

"Graphs" in this paper might more properly be called "1-dimensional complexes"; that is, they may have multiple edges, self loops, and circle components.

Definition 1 A *framed graph* or *fat graph* is a thickening of an ordinary graph into a surface (not necessarily oriented): the vertices are turned into disks and the edges are turned into bands attaching to the disks. More abstractly, a framed graph is a 1-dimensional simplicial complex Γ together with an embedding $\Gamma \hookrightarrow \Sigma$ of Γ into a surface Σ as a spine; more combinatorially, a framed graph is a graph with a cyclic ordering on the edges incident to each vertex and 1 or -1 on each edge (representing a straight or flipped connection, respectively), modulo reversing the ordering at a vertex and negating the elements on the adjoining edges.



The notion of spines comes from PL topology: a *spine* of a simplicial complex Y is a subcomplex X of Y onto which Y collapses, where collapsing means successively removing pairs of a k-simplex Δ^k and a $(k+1)$-simplex Δ^{k+1}, where Δ^{k+1} is the unique $(k+1)$-simplex having Δ^k on its boundary.

For instance, the two framed graphs with spine $\Gamma = S^1$ are the annulus and the Möbius band.

Definition 2 A *knotted trivalent graph* (KTG) is a trivalent framed graph Γ embedded (as a surface) into $\mathbb{R}^3$, considered up to isotopy.

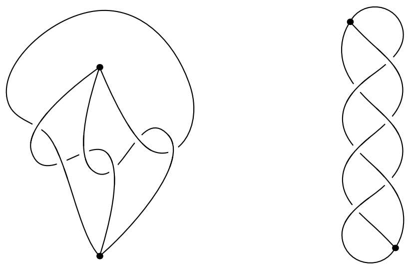


Figure 2: Two knotted theta graphs, one of which is unknotted. Which one is it?

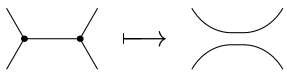
Definition 3 An *unknotted KTG* is a planar KTG: a KTG which factors through an embedding of S^2 in $\mathbb{R}^3$.

In diagrams, KTGs will be drawn with the blackboard framing unless explicitly indicated otherwise.

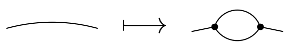
3 Elementary operations

The advantage of KTGs over knots or links is that they support many operations. By an *operation* we mean a function from input trivalent graphs to an output graph, depending only on combinatorial choices (and no topological data).

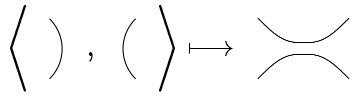
- *Unzip* takes an edge which connects two distinct vertices and splits it in two, as though you were unzipping a zipper along the edge. It reduces the number of vertices by 2.



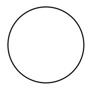
- *Bubbling* adds a small loop along an edge of the KTG. It increases the number of vertices by 2.



- *Connect sum* takes two input trivalent graphs, with a chosen edge on each one (and a chosen side of each edge), and splices the two edges together. Note that this operation has two, independent, inputs (else the operation depends on a choice of an arc and so is not well-defined in the sense above). Bubbling is equivalent to connect sum with an unknotted theta graph .



- The identity for connect sum is the *unknot*.



Unzip and bubbling operate on one input graph, while connect sum operates on two inputs and the unknot has no inputs.

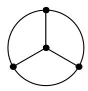
Exercise 4 Check that these operations are well-defined. In particular, connect sum is well-defined for the same reason that the connect sum of two knots is well-defined. (Hint: you can shrink one of the trivalent graphs into a small ball and slide it along the other.)

Note that "operations" on knot diagrams such as changing a crossing or self connect sum are not operations in our sense, since they depend not only on combinatorial data, but also on a topological choice of *how* to perform the move.

Also, we only consider these operations in the forward direction. The reverse operations cannot always be performed, and so are not KTG operations, in that they do not act on the space of all KTGs with a given underlying trivalent graph.

These operations do not suffice to construct interesting knots; for instance, every KTG constructed with these operations will be planar (unknotted). In addition to these operations, we will use three elementary KTGs as generators:

- The unknotted *tetrahedron*.



- The two minimally twisted *Möbius bands*, with a positive (resp. negative) half twist. There is no blackboard framing for these Möbius bands, so the half twist is indicated by a little local picture of the surface.

Remark The distinction between operations on KTGs and generators for the algebra of KTGs is somewhat a matter of taste. For instance, the unknot can be constructed by unzipping the tetrahedron twice, so need not be included in the algebra; however, just as the unit of a ring is generally considered to be part of the structure of a ring, it is more natural to consider the unknot as a part of the algebraic structure of KTGs.

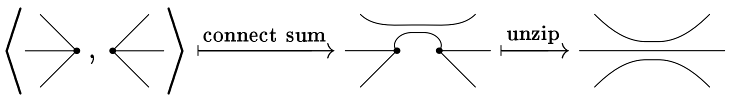
4 Constructing knots

The KTG operations we have defined are quite powerful. In particular, they generate knot theory.

Theorem 1 *Any KTG can be obtained from the unknotted (planar) tetrahedron and the two minimally twisted Möbius bands using unzip, connect sum, bubbling, and the unknot.*

Each of the presentations of knots listed at the beginning of the paper can be turned into a sequence of KTG operations and thus gives a proof of Theorem 1. In the proof of the theorem below we will show how to turn a knot diagram into a sequence of KTG operations. But first, let us define some *composite operations* formed by composing the elementary operations.

- A connect sum along an edge followed by an unzip along one of the two newly created edges gives a *vertex connect sum*: take a vertex in each of two KTGs and join the incoming edges pairwise. For a given matching of the edges, there are several ways of performing this operation as a sequence of elementary operations, all yielding identical results.



- More generally, there is a notion of *tree connect sum*: for any KTGs K_1, K_2, and isomorphic open subsets T_1, T_2 of the skeletons of K_1, K_2 which are homeomorphic to trees, we can join T_1 and T_2 by a connect sum and repeated unzips. Topologically, you can think of straightening out the two subtrees into some standard embedding in a ball (which you can always do, since any embedding of a tree in $\mathbb{R}^3$ is trivial) and then removing the balls from both K_1 and K_2 and identifying the two

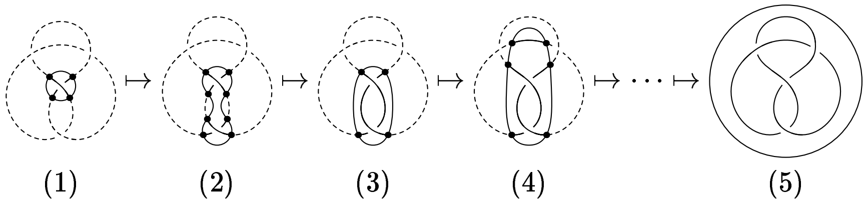
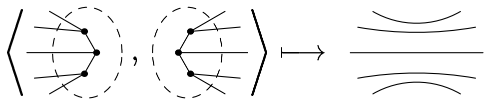
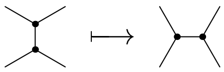


Figure 3: Generating the figure 8 knot with KTG operations by sweeping a circle outwards.

sphere boundary components, connecting corresponding points on the boundaries.

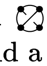


- Connected sum with Möbius bands can *change the framing* on an edge by any desired (integral or half integral) amount.
- Tree connect sum with the tetrahedron  along the dashed subtree performs the *Whitehead move.*



To prove Theorem 1, we use a sweep-out argument based on a knot diagram. Mark a circle around a small piece of a knot diagram and consider the KTG formed by the circle and the portion of the knot diagram on the inside. If only one feature of the knot diagram is enclosed, there are only a few possibilities for the resulting KTG and it is straightforward to check that they may all be generated with our generators and operations. Then sweep this marked circle outwards by stages, performing a few elementary KTG operations at each stage.

Rather than giving an exhaustive proof, we will work through the steps in a sweepout of a figure 8 knot in Figure 3, which provide a good sampling of the cases. At each stage, the marked circle and the portion of the knot inside it are drawn solid.

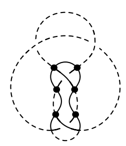
(1) By changing framings, we may turn the unknotted tetrahedron into the crossed tetrahedron . This is what we obtain by drawing our initial marked circle around a crossing, as on the left of Figure 3.

(2) At the next step, we push the circle across another crossing. We can achieve this by taking connect sum with a second crossed tetrahedron.

(3) Pushing the circle across a maximum of a strand (looking outwards from the strand) is achieved by an unzip move. Two of these happen in the next step.

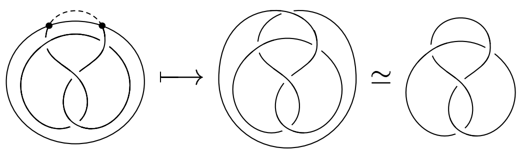
(4) Pushing the circle across a minimum is a bubbling move.

(5) We proceed in this way, using one crossed tetrahedron per crossing of our diagram, until we have pushed the circle all the way out.



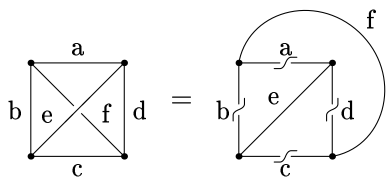
We have succeeded in generating our knot, plus a trivial unknot component. There are a few ways to avoid this extra component. For instance, in the intermediate steps, one might simply not include the portions of the circle that touch the exterior region. This version of step (2) in Figure 3 shown at the right.

Alternatively, we could modify the very last unzip move before we push the marked circle completely off the knot diagram.

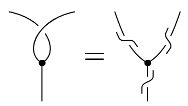


With a similar procedure, we can generate any KTG. We end up using at most one tetrahedron per trivalent vertex and one tetrahedron per crossing in our diagram.

Exercise 5 Show that the crossed tetrahedron is equal to an unknotted tetrahedron with the following framing changes:



Hint: start by showing the more elementary equality:



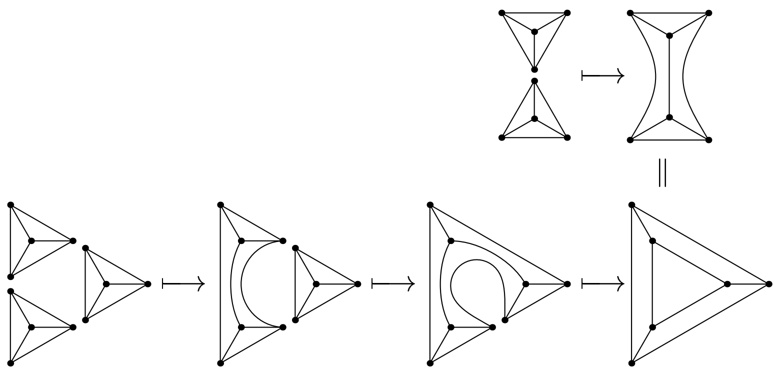


Figure 4: The pentagon relation: an unknotted triangular prism can be made in two ways. It may be obtained by the vertex connect sum of two tetrahedra (top); alternatively, it may be obtained by the vertex connect sum of three tetrahedra followed by an unzip (bottom).

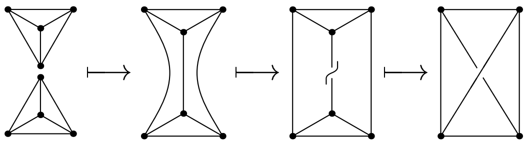


Figure 5: The hexagon relation: unzipping a triangular prism (made from two tetrahedra) in a twisted fashion yields a twisted tetrahedron.

5 Relations and elementary relations

Knot theory is not freely generated by the tetrahedron and Möbius strip; there are some relations. Two of them are the pentagon (Figure 4) and the hexagon (Figure 5).

The names come from the "pentagon" and "hexagon" relations in the theory of non-associative tangles [2], which become the above relations when non-associative tangles are interpreted as sequences of KTG operations in a natural way. In non-associative tangles, the pentagon and hexagon are the essential identities, the ones that require significant work to solve; there are, however, many more identities which are "elementary", in that they are automatically satisfied in the framework. The same thing is true in the theory of knotted trivalent graphs. This leads us to the central question of this paper, which we can phrase in several different ways.

Question 6 What are the elementary relations in the algebra of KTGs? Which composite KTG operations produce the same output for all inputs? Which KTG operations are associative? What relations in the algebra of KTGs are automatically true in other natural spaces supporting the trivalent graph operations (unzip, bubbling, connect sum, unknot)? What is the operad[4] of KTG operations?

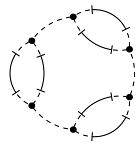
Here are some examples of elementary equalities. Each elementary equality equates two composite KTG operations that take the same number and types of KTGs as input.

- Any two operations performed on disjoint pieces of a knotted graph commute with each other.
- The connect sum operation on knots is commutative and associative.
- The parallel operation on links (replacing a knot component with a 2 components parallel with respect to the framing) is cocommutative and coassociative.
- The operations of vertex connect sum and tree connect sum are well-defined: they do not depend on which of the matching edges we connect sum and the order in which we perform the unzips.
- The left hand ("3") side of the pentagon equation above does not depend on the choices. We took 3 tetrahedra and did 2 vertex connect sums followed by an unzip. The resulting triangular prism has a symmetry that the construction did not have. This is not an accident. In fact, if we take *any* three knotted tetrahedra (with an identification of the underlying graphs with the underlying graph of the three standard tetrahedra above) and do the same sequence of operations (vertex connect sums between two pairs followed by an unzip) in the three possible ways, the result depends only on the original knotting of the tetrahedra and not on the order of operations.
- The algorithm for turning a knot diagram into a sequence of KTG operations depended on a choice of how to sweep out the knot diagram by circles. In fact, the result is independent of the sweep out, even if the crossed tetrahedra  are replaced by *arbitrary* knotted tetrahedra.

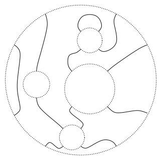
Some of these identities towards the end of the list may surprise you. They can all be given good topological explanations. For instance, the description of tree connect sum in terms of gluing balls is clearly independent of choices. The case

[4]To be precise, this is a typed operad, whose types are the framed trivalent graphs.

of the "3" side of the pentagon can be reduced to some tree connect sums using the following exercise.



Exercise 7 Express the combination of three tetrahedra as on the "3" side of the pentagon equation as a tree-connect sum with the graph at right along the dashed subtrees: one subtree is connected to each of the input tetrahedra. In other terms, we can straighten out the subtrees being acted on in each of the three input tetrahedra before performing the operation. The symmetry of the operation then becomes obvious.



The "knot diagram" case is more involved. In the case that the outer circle of the small tetrahedron is unknotted this operation amounts to gluing together tangles with 4 legs following the pattern of the knot diagram; however, the operation is well-defined in general. The general statement is that knotted trivalent graphs with a distinguished cycle form a planar algebra in a sense similar to that of Vaughan Jones [9]. (This structure has also been called a "spider" [10] or a "spherical category" [3].) Briefly, for every arc diagram as on the right, there is a well-defined operation that takes as input KTGs corresponding to the interior cycles (with a distinguished cycle containing a corresponding set of vertices) and produces as output a KTG with a distinguished cycle. The proof would take us too far afield, but it follows from more general statements below.

6 Movie surfaces

To give some order to the zoo of seemingly "elementary" equivalences between composite knotted trivalent graph operations, we add an extra dimension. Consider making a movie of the graph as it evolves in S^3. The graph traces out a surface with some simple singularities in a 4-dimensional space. We can continue this surface across each of the elementary operations and generators to form a continuous singular surface, as illustrated in Table 1. For instance, to do an unzip move along an edge, first shrink the edge to zero length and then split the two new branches apart. The resulting movie is shown in the first line of the table.

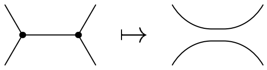
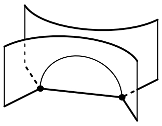
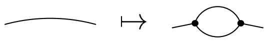
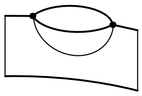
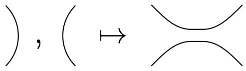
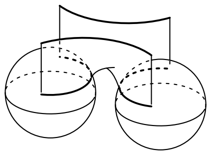
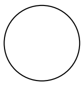
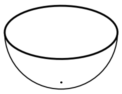
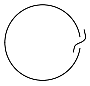
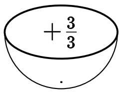
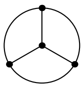
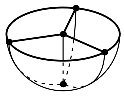
Name	Operation	Movie surface
Unzip		
Bubbling		
Connect sum		
Unknot		
Möbius band		
Tetrahedron		

Table 1: The surface created from a movie of the knotted trivalent graph operations and generators. The surfaces depicted all lie in a local 3-dimensional slice of a 4-dimensional space; although the pictures appear 3-dimensional, they are really pictures of surfaces in 4 dimensions.

Some comments on this table:

- These are surfaces in a 4-dimensional space (the evolving S^3), although the depicted portions lie inside a 3-dimensional slice. This is related to the fact that our knotted graph operations locally lie in a plane, as does the unknotted tetrahedron (but not the Möbius strip; see below).
- The unzip and bubbling surfaces lie in $S^3 \times I$, with one input S^3 (at the bottom of the picture) and one output S^3 (at the top). Outside of the portion depicted, there is no change to the graph, so the corresponding surface is a product.
- The connect sum operation has two input S^3's, depicted as two spheres in the picture. (The interiors of these spheres are not included in the ambient 4-manifold.) As before, the output S^3 is at the top of the picture. This surface lies inside a thrice-perforated S^4.

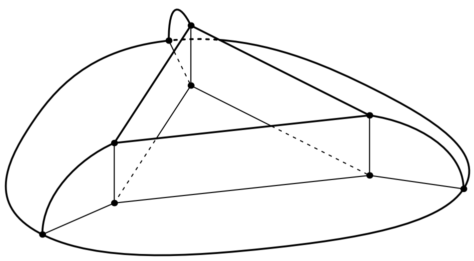


Figure 6: The movie surface for the "3" side of the pentagon. The picture lies in B^4, with the edges drawn with thick lines lying on the boundary of B^4.

- The unknot, Möbius strip, and unknotted tetrahedron have no inputs. The corresponding surfaces lie in B^4.
- The Möbius strip is the only one of these operations or generators that is not essentially planar. The underlying unframed knotted graph of the Möbius strip is a simple loop, so it bounds a disk in B^4, just like the unknot. To distinguish it from the unknot we must somehow record the framing. This will be explained more in Section 7, but for now we will just attach the framing information to the surface itself, as indicated in the diagram. (The convention in diagrams is that this framing information, the "gleams", may be attached to the surface at multiple points; each surface component has a total gleam, which is the sum of the gleams attached at various points. In particular, if no gleams are indicated on a surface component the total gleam is 0.)

For a somewhat more involved example of the surface constructed by the moving knotted trivalent graph, Figure 6 shows the surface associated to the "3" side of the pentagon. Observe that the surface has the symmetries of the triangular prism; that is, it has the symmetries that were missing from the previous description with KTG operations.

Exercise 8 Convince yourself that Figure 6 is the movie surface representing the sequence of operations on the bottom line of Figure 4. The action in the movie is from the inside out: start with small neighborhoods of each vertex (corresponding to 3 unknotted tetrahedra) and push the neighborhoods outwards until they meet in pairs (performing the vertex connect sum moves) and then encompass the remaining edge (performing the unzip move).

The movie surface for the corresponding operation on 3 knotted tetrahedra (which takes the tetrahedra and connects them according to the same pattern)

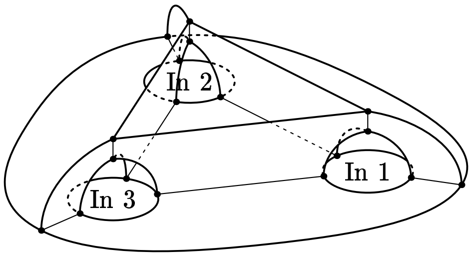
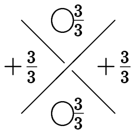


Figure 7: The movie surface for the operation which takes three knotted tetrahedra and attaches them in the same pattern as on the "3" side of pentagon.

is shown in Figure 7. This surface lives inside B^4 with three balls removed. The three input components of the boundary are labelled "In 1", "In 2", and "In 3"; each of these input components lie on one of the removed balls. The picture suggests that the input tetrahedra are unknotted, but in fact this surface can be embedded (uniquely!) in B^4 minus 3 balls so as to match any 3 given input knotted tetrahedra.

More generally, consider the movie surface obtained from the sequence of KTG operations used to construct a knot (plus an extra unknotted component) from a knot diagram in Section 4. Tracing out the surface through the sequence of KTG operations, we find that the movie surface is constructed by taking a disk and attaching an annulus along the curve of the knot diagram, with the gleams



on the regions of the knot diagram around each vertex. Each complementary region to the knot diagram gets assigned several gleams, one for each incident vertex; add up the gleams for each vertex. (These gleams come from Exercise 5). If we forget the gleams, the surface is the mapping cylinder of the map from S^1 to the disk specified by the knot diagram. The resulting surface coincides with Turaev's "shadow cylinder" on the knot. See Figure 8 for the example of the figure 8 knot. Note that this is a picture of abstract surface which does not embed in $\mathbb{R}^3$; the transverse intersections of surfaces which appear in the diagram are only artifacts of the immersion. There are two boundary components of this surface (including the external square), corresponding to the fact that we constructed a 2-component link (with one unknotted component) in Figure 3.